

Empower and Transform Your Future of Work: Navigating the Digital World with AI and Beyond

Avva Thach

*Founder | CEO | Speaker | Podcaster | Strategic Advisor |
AI Product Management Leader | Board Member | Doctoral Candidate in Innovation & Strategy |
M.S. | PCC | SPC 6 | Design Thinking | Scaled OKR*

Empower and Transform Your Future of Work: Navigating the Digital World with AI and Beyond is not just a talk; it's a transformative journey that will equip you with essential tools to thrive in the digital age. Join Avva Thach, your faculty, in communication, on this emotional and insightful adventure to discuss the pivotal role of self-awareness, self-leadership, and emotional intelligence.

Discover how AI can revolutionize your job searches, enhance your skills, and put your aspirational goals to the test, but not all; you will learn the importance of emotional intelligence and mindfulness in our ever-evolving tech landscape.

Our ultimate destination is a world of empowerment and transformation. Picture a future where AI and emotional intelligence's dynamic fusion propels you toward career success and personal growth. You'll leave with an understanding of the digital world and some practical know-how to navigate it.

You'll walk away with valuable emotional intelligence tools:

- Practical strategies for enhancing self-awareness and self-leadership.
- Techniques to regulate emotions, improve communication, and build strong relationships.
-

And a robust AI skillset for goal discovery:

- Proficiency in utilizing AI for personalized searches and goal planning.
- The ability to identify strengths and align them with your career aspirations.
- Confidence in using AI-driven platforms to explore and test potential opportunities.

By combining emotional intelligence with AI-driven tools, you'll be well-prepared to navigate the complexities of the digital world, make informed choices, and foster personal and professional growth.



TEXAS SOUTHERN UNIVERSITY

School of Communication

COMM  **WEEK**

42nd Intercultural Communication Conference 2024